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| It is preferable for you to draw a picture and write your answers.  Try to concentrate on how you feel about what you are describing and not just on how it looks. For example, you may describe the cube a certain color because it gives you a feeling of calmness. However, another person may describe the cube a different color that also gives her a sense of calmness. Though both people picture the cube differently, the interpretations of their answers are the same - the cube represents calmness to them.    1. The cube  How big is the cube? What is its color? What do you think about that color? How far away is it from you? Is it transparent? Can you see what is inside? How big is the cube compared to the desert? What is the ratio?  2. There is a ladder.  Is the ladder leaning on the cube? What is the color of the ladder? What is it made of? What impression does it give you? What is the distance between the cube and the ladder? |
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| 3. There is a horse.  What is the distance between the cube and the horse? What is the color of the horse? What impression does it give you? Is it tied? Is there a saddle?  4. There is a storm.  What is the distance between the storm and the cube. Is it a big storm or a small storm? Is it passing by or staying?  5. There is a flower/ there are flowers.  How many flowers are there? Where is/are the flower/s? What is the color of the flower/s? How do you feel about the flower/s?          Answers:  Cube : The cube represents yourself. How you think about the cube reflects how you think about yourself. For example, you may think the cube is made of yellow stones. Yellow may give you a feeling of warmth and stone may give you a feeling of strength. Then, it means that you believe that you are a strong and warm person. The distance between you and the cube reflects your understanding about yourself. If the cube is far away, then it means that you do not feel close to your inner self. If the cube is transparent, that means you let people see through you. People can read your mind easily. The ratio of the cube to the desert is how you think about yourself in this world. The bigger the ratio, the bigger your ego is. A small ratio means that you recognize that you are just one part of this world and there are many other things out there beside you.  Ladder : The ladder represents your friends. If the ladder is leaning against the cube, then it means that your friends depend on you. If the ladder is supporting the cube, that means you depend on your friends. The distance between the ladder and the cube indicates if you feel close to your friends or not. Again, how you feel about the ladder reflects how you feel about your friends (e.g.. what you feel about the color of the ladder and the material it is made of).  Horse : The horse is your partner/lover/significant other. If the horse is close to the cube, you are close with each other. If the horse is tied or has a saddle, then in your relationship, you want to be the one in control. Your overall impression of the horse reflects the impression you have of your partner.  Storm : The storm is the obstacle in your life. If the storm is close to the cube/ stationary, then you are always experiencing hardship in your life. If the storm is small, then it means the obstacle in your life is quite small.  Flower/s : The flower represents your offspring/ If the flower is close to the cube, that means you are close to your children. Again, what you feel about the flower indicates the feelings you have towards your children. |